

Hospital Bag Checklist

For Mom

- COMFY KNICKERS
- SANITARY PADS
- CHANGE OF CLOTHES
- NIGHTIE
- NURSING BRA
- DRESSING GOWN
- SLIPPERS
- TOWEL
- BREAST PADS
- TOILETRIES
- EYE MASK
- OWN PILLOW
- BREASTFEEDING PILLOW
- NIPPLE CREAM
- LIP BALM
- WATER BOTTLE
- PHONE
- PHONE CHARGER
- HAIR TIES
- CONTACTS/ GLASSES
- MAKE UP BAG
- MEDICATION
- ESSENTIAL OILS
- CASH/ CREDIT CARDS
- ENTERTAINMENT
- MUSIC

For Baby

- MATERNITY NOTES
- CAR SEAT
- NAPPY/ DIAPER BAG
- NAPPIES
- NAPPY BAGS
- BABY WIPES
- COTTON WOOL
- SLEEPSUITS X3
- VESTS X3
- SOCKS/ BOOTIES
- SCRATCH MITTENS
- GOING HOME OUTFIT
- HAT
- BLANKET
- MUSLINS
- BOTTLES
- FORMULA
- DUMMY
- CUDDLY TOY